



# Son Valley Community

## Information Form for Chrysalis 2009



### **What is Chrysalis?**

CHRYSALIS is the growth stage between caterpillars and butterflies. This symbolises that through dying to self, Christ can transform us into new beings. Jesus Christ can transform us into something beautiful. We must open ourselves to Jesus Christ for this transformation to occur.

CHRYSALIS is the name chosen for the experience that allows young adults and youth to experience the essential growth into a mature faith.

CHRYSALIS has its roots deeply planted in the “Walk to Emmaus”, that provides participants with an opportunity to learn more about faith; to experience Christian love and support; and a chance to make new commitments in their faith journey. The content of the weekend focuses on God’s Grace, how one experiences Christ as a friend in the body of Christ, and how one is called into discipleship, giving love to a needful world.

### **What happens at Chrysalis?**

You will spend a weekend with peers in worship, prayer, fellowship, recreation, singing and discussion. You will experience the love of Christ through the prayers and act of service of a loving support community. You will hear talks given by lay and clergy. The talks focus on the needs of maturing young adults and youth that offer the message of the Gospel and the friendship and example of Jesus Christ. Fifteen talks are given over the period of the journey or flight, followed by a discussion and reflection on how these messages can be helpful to your personal faith. You will explore how this friendship with Jesus can help you live your faith with family, friends and community.

### **What happens after Chrysalis?**

One of the primary strengths of Chrysalis is the follow-up. Your journey/flight lasts a weekend, but you are invited to build on it for the rest of your life through:

- Expanding your spiritual life through study, prayer and church participation
- Becoming more active as a disciple of Christ in the world through your home church

To nurture this discipleship, Chrysalis offers specific opportunities:

- A “reunion group” that meets weekly to maintain spiritual accountability
- Monthly Community gatherings for fellowship and worship
- Opportunities and training to support and participate in leading future Chrysalis Flights.

### **Who should go to Chrysalis?**

Chrysalis Journeys are for Young Adults who are post Matric (Grade 12) up till 28 years of age (+28 on discretion). Chrysalis Flights are for teenagers between 15 and 18 years and are still in school. Chrysalis is for growing Christians who are open to experience the grace and love of God in new ways through the Christian community. Most importantly, it is for those potential leaders who will be committed to make a difference in their Church and community as a result of this experience.

### **Costs to attend weekend?**

(COSTS TO BE CONFIRMED), HOWEVER FINANCIAL CONSTRAINTS SHOULD NOT HINDER AN APPLICANT FROM ATTENDING CHRYSALIS. IF THERE ARE ANY PROBLEMS, PLEASE CONTACT THE REGISTRAR. IF WE COULD REQUEST THAT EFT PAYMENTS ARE MADE AS 1st PREFERENCE, IT WOULD BE APPRECIATED. THE BANKING DETAILS FOR DIRECT TRANSFER ARE AS FOLLOWS:



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EMMAUS SON VALLEY  
STANDARD BANK, BENONI BRANCH (013042)  
ACCOUNT NUMBER 022419071

### How to apply to participate in Chrysalis

The attached form needs to be completed by all of the following if it is to be considered:

- 1. The Applicant/Pilgrim.**
- 2. The Applicant's/Pilgrim's Minister or Pastor.**  
In order to be in submission to the home church. (If a Minister or Pastor requires more information, please feel free to contact the Chrysalis Community Spiritual Director.)
- 3. The Spiritual Sponsor.**  
This is someone who has already attended either a Chrysalis or an Emmaus Walk and will undertake to explain the weekend, pray for the participant and assist if possible in practical arrangements and responsibilities of the weekend.
- 4. Parent/Guardian if under 21.**

### What to bring to Chrysalis

Bedding  
A formal/smart outfit  
Clothing appropriate to the season. Remember warm clothes and extra bedding in winter  
Toiletries

Please be at Son Valley by 08h00 on the Friday morning for Journey and Flights Registration. There will be a book table where books may be purchased. Bring money along if you are interested in buying a book(s).

Your application will be considered prayerfully and you will be informed for which Journey or Flight you have been accepted. In the event of cancellation or query, please phone the registrar:

**Teresa Stuthridge:** Cell: 082 415 1155 • [sonchrysalis@mweb.co.za](mailto:sonchrysalis@mweb.co.za) • Fax: 086 684 0027

**Confirmation of Pilgrim's attendance will be made by the Registrar with both the Sponsor and the Pilgrim**

**(CLD) Community Lay Director 2009:**  
**(CSD) Community Spiritual Director 2009:**

Valenese Strömbeck      valeneses@sybase.co.za  
Barbara Underhill      082 455 1242

### Dates of 2009 Journeys and Flights:

Girls Flight (Teenagers 15yrs till Matric)  
Boys Flight (Teenagers 15yrs till Matric)

3<sup>rd</sup> – 5<sup>th</sup> July 2009  
10<sup>th</sup> – 12<sup>th</sup> July 2009

Journey Ladies (post Matric Young Adults)  
Journey Men (post Matric Young Adults)

28<sup>th</sup> – 30<sup>th</sup> August 2009  
4<sup>th</sup> – 6<sup>th</sup> September 2009