



Son Valley
Emmaus Community
"Christ Is Counting On You!"

What is the walk to Emmaus?

In Luke 24 we read the story of the risen Christ appearing to two disciples who were walking from Jerusalem to Emmaus. He explained the Scriptures and their hearts were warmed. Their eyes were only fully opened to recognise Him when Christ took bread, blessed and broke it, then gave it to them. Filled with joy, they rushed back to Jerusalem to share the news with the other disciples. This story provides the image of Emmaus. The Emmaus movement came to Southern Africa in 1990 from the United Methodist Church in the USA, which in turn developed it from the Spanish Roman Catholic *Cursillo de Christandad* (a short course in Christianity), which started in the late 1940's. The movement is true to Protestant theology, with some Methodist emphases, but is ecumenical in practice. Emmaus is seeking to find authentic expression in the cultures of Africa while retaining the wealth of Christian experience from other cultures. God is using Emmaus in Southern Africa to bring reconciliation between races and renewal to Christians and their churches.

What is the purpose of Emmaus?

Emmaus aims to inspire, challenge and equip local church members for Christian action in their homes, church and places of work. It provides a means by which we can grow together in love, grace and servant hood as members of the Body of Christ.

Who should go to Emmaus?

Emmaus is for growing Christians who are open to experience the grace and love of God in new ways through the Christian community. More especially, it is for those who will be committed to make a difference as a result of this experience. The age group catered for is that of Adults, married with families. Whereas *Chrysalis Flight* caters for teenagers between the ages of 15 – 18 (still in school) and *Chrysalis Journey* caters for Young Adults who are post Matric onwards.

What happens at Emmaus?

The "Walk to Emmaus" is a 72 hour experience (Thursday evening to Sunday). The time is spent studying, discussing, worshiping and living together at Son Valley Christian Centre, Delmas. There are 15 talks delivered by clergy and laity that form the basis of discussions and projects. These present theses of God's grace and how grace comes alive in the Christian community and expresses itself in the world. Holy Communion will be celebrated daily and you will begin to understand more fully the presence of Christ in the body of his believers. The prayers and acts of love and of a living support community enhance this experience.

Should you be interested, please feel free to contact;

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