



## CHRYSALIS INFORMATION & APPLICATION FORM

**WHAT IS Chrysalis?** Before it becomes a **butterfly**, a **caterpillar** goes through a growth stage which is called a “**chrysalis**”. On the surface it may not look like much is happening, but the delicate chrysalis process changes the fuzzy caterpillar into an awesome butterfly with wings of intricate designs and intense colors. The Chrysalis process symbolizes how Christ can transform you into something beyond your dreams. It happens when you grow beyond yourself, opening your life to Jesus’ power and love. Because it symbolizes the spiritual growth that is essential between adolescence and adulthood, Chrysalis is the name chosen for the youth and young adult version of the Walk to Emmaus, its parent movement as well as the Face-to-Face Encounter. That growth is as crucial for youth as the cocoon is for the caterpillar. It is that precious time of nurturing a person’s faith for discipleship.

**Chrysalis Flights** (for teens aged 15-18) and **Chrysalis Journeys** (for young adults, aged 19-24) are three-day events. This three-day spiritual renewal time provides an opportunity for you to learn more about faith, to experience Christian love and support, and to make new faith commitments. The point is to inspire, challenge and equip you for a closer friendship with Christ and for Christian action at home, church, school and the community.

Chrysalis offers a way for you to enjoy and intimate relationship with Christ, experience His love and to be His hands and feet in the world. The three days focus on God’s grace, your experience with Christ as a friend, what it means to be the body of Christ and giving love to a needy world.

**What happens at Chrysalis?** You will spend three days with other people your age in worship, prayer, fellowship, creative expression, recreation, singing and discussion. You will experience the love of God through prayers and the acts of service from a loving support community. Think of it as three days for you to discover or re-discover your spiritual self, to analyze and realize who you are in Christ. You will hear talks that focus on the needs of maturing youth or young adults, the message of the gospel and the love and example of Jesus Christ. Each day speakers present topics with life examples, followed by discussions, reflection and creative expression of how these messages can encourage your personal faith.

**What happens after Chrysalis?** One of the primary strengths of Chrysalis is the follow-up. The weekend lasts 3 days, but the participants are invited to build on it for the rest of their lives by expanding their spiritual lives through study and congregational participation and becoming more active as disciples of Christ in the world through their home churches. To nurture this discipleship Chrysalis offers specific opportunities such as:

- ❖ A small “Reunion Group” that meets on a regular basis to maintain spiritual accountability.
- ❖ Regular community gatherings for Fellowship and Worship.
- ❖ Opportunity and training to support and participate through serving on future Chrysalis Flights.

**Who should go on Chrysalis?** Chrysalis is for growing Christians who are open to experience the grace and love of God in new ways through the Christian community. More especially, it is for any young person who would like to know more about Christ and then make a difference because of this experience.

### HOW TO APPLY TO PARTICIPATE IN CHRYSALIS FLIGHT or JOURNEY?

The attached form needs to be completed by:

1. **The Applicant.**
2. **The Spiritual Sponsor.** This is someone who has attended a *Chrysalis Flight*, *Walk to Emmaus* or *Face to Face Encounter* and who will undertake to explain the weekend, pray for the participant, and assist in practical requirements.
3. **The Applicant’s own Minister or Pastor**, so that the applicant is under submission to the home church. (If a Minister or Pastor requires more details, the Community Spiritual Director can be contacted - see below).
4. **The Applicant’s Parent/Guardian** if the applicant is under 21.

Completed Forms need to be sent to the registrar; [registrar@sonvalley.emsa.org.za](mailto:registrar@sonvalley.emsa.org.za) and CLD [cld@sonvalley.emsa.org.za](mailto:cld@sonvalley.emsa.org.za) (Please send to both). Your application will be prayerfully considered and you will be informed of your acceptance. In the event of cancellation or query, please contact the Registrar.

#### COST OF THE WEEKEND

**Fees for 2024 are R 1300.00**  
Payment can be made by deposit/EFT into the following Bank account:

Son Valley Emmaus Community  
**Standard Bank**, Benoni  
Account no: 022419071  
Branch code: 013042

#### FOR MORE INFORMATION, CONTACT

**Community Lay Director - Bev Proctor-Golding**  
082 573 3123 [cld@sonvalley.emsa.org.za](mailto:cld@sonvalley.emsa.org.za)

**Community Spiritual Director - Lafras Lombard**  
079 881 6244 [cld@sonvalley.emsa.org.za](mailto:cld@sonvalley.emsa.org.za)

**Community Assistant Lay Director Chrysalis – Ed Hofmeyr**  
072 537 5758 [ald.chrysalis@sonvalley.emsa.org.za](mailto:ald.chrysalis@sonvalley.emsa.org.za)



I WOULD LIKE TO ATTEND		TICK
Girls Flight #91	21 – 23 June 2024	
Boy Flight #92	28 – 30 June 2024	

Name & Surname: .....

Name by which you are called: .....

E-mail address: .....

Phone: (H) ..... (W) ..... (C) .....

Date of birth: ..... Gender .....

Please specify any special conditions that might affect your participation: health, disability, medication and special diet:  
.....

Your church's name, denomination and address: .....

State briefly your involvement in your church: .....

State briefly why you wish to attend the weekend and what you expect from it: .....

What musical instruments do you play (if any)? .....

Indemnity to be signed by Parent/Guardian (If under 21).

Chrysalis or any associated organization does not take any responsibility for any loss on or during the weekend.

Signed..... Name..... ID No.....

Has your sponsor explained the weekend? Yes ..... No .....

While you are on the weekend it may be necessary to contact your family and home or a close friend.

Please give us the names and phone numbers of three close family members or friends:

1. ....

Phone (H) ..... (W) ..... (C) .....

2. ....

Phone (H) ..... (W) ..... (C) .....

3. ....

Phone (H) ..... (W) ..... (C) .....

Next of kin : ..... Relationship : ..... Telephone No:.....

**POPI act:**

As per the POPI act we require all Sonvalley Emmaus Ministries Caterpillar's permission to send him/her community information and other communications. Our newsletter is not compulsory but would benefit you as it contains information about Emmaus ministry events and prayer requests.

Emmaus Ministries declares that your information will not be distributed or used outside the Emmaus Ministries environment.

I hereby, agree, that my information as registered can be used by Emmaus Ministries for the purpose of Emmaus communication and use.

Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**TO BE COMPLETED BY THE APPLICANT'S MINISTER / PASTOR**

Minister's Name: .....

Mailing Address: .....

E-mail address: .....

Phone (H) ..... (W) ..... (C) .....

I support this application to attend a *Chrysalis weekend*. Signed: .....

**TO BE COMPLETED BY THE SPIRITUAL SPONSOR**

I accept the commitment detailed alongside and I have attached herewith the Sponsor's checklist.

Name: .....

E-mail address: .....

Phone (H) ..... (W) ..... (C) .....